

## **Make plans now for Walk or Bike to School Day**

The new school year is well under way and it's time to start planning for Walk or Bike to School Day. The event, which encourages students in kindergarten through fifth grade to walk or bike to school, will be held on October 3. Schools wishing to participate in this year's event will compete for prize money that can be used to support health and wellness initiatives.

Walk or Bike to School Day is coordinated by the Lexington-Fayette County Health Department. For more information on how to get your school involved contact Camille Watson with the Health Department at 859-288-2332 or [camillea.powell@ky.gov](mailto:camillea.powell@ky.gov).