

## **Menus now show carb counts**

Fayette County's cafeteria [menus](#) now include information about the grams of carbohydrates for breakfast and lunch items in the schools. The number is noted by a small (g) after the carbohydrate count, such as stuffed crust pizza (23g).

"Our diabetic students, staff, families and nurses will be elated," program director Michelle Coker said in announcing the addition. "A lot of people are cutting back on carbs, but the main thing is the diabetics, who need that information."