

Not only does **Sarah Tichenor** ensure the safety and well-being of the students at Morton Middle School through her job as custodian, she also supports the school as the Family Resource Youth Service Center's advisory council chairwoman. Most recently, she has chaperoned an overnight rustic camping trip and Challenge course program at the Life Adventure Center of the Bluegrass. She helped 19 students work together to complete low course elements and encouraged them to climb a 40-foot rock wall and then jump off the wall and cross a pond on a zip line in the cold, wet rain. She also led by example by completing the course herself. This shows she not only loves the work that she does but she loves the kids she serves each day.

Submitted by Jill Blackman, FRYSC coordinator